

PSHE Curriculum 2024

2nd Form

Health & Wellbeing – Drugs Education (EES)

Focussing on upon legal and illegal substance abuse, managing different influences on their decisions about drugs and the risks and consequences involved including how to access health services and whom to talk to if they have concerns.

Health & Wellbeing – Healthy Lifestyles (BMM)

Focusing on the importance of balance relating to exercise, diet, work etc. Including influences on body image and factors related to this including unhealthy coping mechanisms and eating disorders and how to access help.

Personal wellbeing, First Aid (DRK)

Focussing upon basic first aid and mental and emotional health and wellbeing.

Relationships – Online safety (ACF)

Focussing on social media and how to protect ourselves when navigating the online world. Forms of cyberbullying and how they can be addressed and managing risk associated with being online.

Living in the Wider World – Diversity & Discrimination (GLH/HFG/SAS)

Focussing upon diversity, tackling discrimination and prejudices; the unacceptability of derogatory language and how our British political systems protect and enable our rights in society.