

Appendix 1

RSE Topics- yearly overview	Reception	Year 1	Year 2
Family & relationships	<ul style="list-style-type: none"> • Friendship- to make friendships • Taking turns with friends • Meet new teachers & new classrooms 	<ul style="list-style-type: none"> • Introduction to RSE • What is family? What are friendships? • Family & friends help & support each other • Making friends • Friendship problems • Healthy Friendships 	<ul style="list-style-type: none"> • Introduction to RSE • Families offer stability & love • Families are all different • Managing friendships • Unhappy friendships • Valuing me • Manners & courtesy • Loss & change
Safety & the changing body	<ul style="list-style-type: none"> • Road safety- to keep safe • Asking for help 	<ul style="list-style-type: none"> • Getting lost • Making a call to the emergency services • Asking for help • Appropriate contact • Medication • Safety at home • People who help to keep us safe 	<ul style="list-style-type: none"> • The Internet • Communicating online • Secrets & surprises • Appropriate contact • Road safety • Drug education
Health & wellbeing	<ul style="list-style-type: none"> • Handwashing & personal hygiene • Emotions- our own & others • We are all different 	<ul style="list-style-type: none"> • Wonderful me • What am I like? • Ready for bed • Relaxation • H& washing & personal hygiene • Sun safety • Allergies • People who help us stay healthy 	<ul style="list-style-type: none"> • Experiencing different emotions • Being active • Relaxation • Steps to success • Growth mindset • Healthy diet • Dental health
Citizenship	<p>Responsibility</p> <ul style="list-style-type: none"> • Sharing is caring- to share with others • Learning to care for ourselves, others & living things • Embracing differences • To follow rules • Engage with the school environment- outdoor learning <p>Democracy</p> <ul style="list-style-type: none"> • To make good choices 	<p>Responsibility</p> <ul style="list-style-type: none"> • Rules • Caring for others: Animals • The needs of others <p>Community</p> <ul style="list-style-type: none"> • Similar, yet different • Belonging <p>Democracy</p> <ul style="list-style-type: none"> • Democratic decisions 	<p>Responsibility</p> <ul style="list-style-type: none"> • Rules beyond school • Our school environment • Our local environment <p>Community</p> <ul style="list-style-type: none"> • Job roles in our local community • Similar yet different: My local community <p>Democracy</p> <ul style="list-style-type: none"> • School Council • Giving my opinion
Economic wellbeing	<p>Money</p> <ul style="list-style-type: none"> • Introduction to money 	<p>Money</p> <ul style="list-style-type: none"> • Introduction to money • Looking after money • Banks & building societies • Saving & spending <p>Career & aspirations</p> <ul style="list-style-type: none"> • Jobs in school 	<p>Money</p> <ul style="list-style-type: none"> • Where money comes from • Needs & wants • Wants & needs • Looking after money <p>Career & aspirations</p> <ul style="list-style-type: none"> • Jobs
Transition Identity (1 lesson)			